



# TOOLKIT OF CREATIVE METHODS

**Erasmus+ Youth exchange “Dance for Peace”**

**23 – 31 October 2015, Milzkalne, LATVIA**

Description of methods used during the youth exchange to reflect how young people can express their vision and attitude about important issues like peace and tolerance using such methods like dance, art, and music.



**Pozitīvā Doma**

Ayuntamiento  
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## TABLE OF CONTENT

About project “Dance for Peace”

\*\*\*

PEACE SYMBOLS – what is Peace for me?

\*\*\*

HAND AND FOOT PRINTS – what is Peace for me?

\*\*\*

COMIC CLOUDS – creating Quotes about Peace on Comic Clouds

\*\*\*

PERFORMANCE

WORKSHOP – Creating Story, Music and Stage Performance about Peace

\*\*\*

ACTIVITIES FOR AUDIENCE – Involving Visitors into Performance-

\*\*\*

VIDEO WORKSHOP – what is Peace for me?

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## About project “DANCE FOR PEACE”

The youth exchange project Dance for Peace objective was to provide platform for young people from different countries with different experiences to express their vision and attitude regards peace and tolerance using creative methods like dance, art and music. Project promoted non-formal learning principles providing young people possibility to work together on their ideas, take initiative, responsibilities and develop their competences. Project gave chance for youngsters to experience intercultural learning and be heard by other youngsters and local community. Participants developed skills to work together in international team, to take own initiative, responsibilities, decisions and turn their ideas into action. The project promoted young people understanding that active citizenship and youth initiative can be expressed in different ways with different methods.

### PROJECT PARTNERS

The project coordinator is Pozitiva Doma (Latvia) and partner organizations Community Center “Zacisze” (Poland), Ayuntamiento de Maracena (Spain) and Viksjoforsbaletten (Sweden).

### PROJECT ACTIVITIES

Advance Planning Visit where participated 1 group leader and 1 youngster from each project country.

Youth Exchange where participate group leaders and youngsters 13 to 19 from each project country all together 41 people.

### PROJECT RESULTS

- A. Video of Event with aim to reflect how diverse young people can express their vision and attitude about important values and issues like Peace and Tolerance. Available here:  
<https://www.youtube.com/watch?v=BKs-kCOdNcE>
- B. Digital stories created of participants. The aim of stories is to look back of the project achievements and results by youngsters eyes. Available here:  
[https://www.youtube.com/results?search\\_query=dance+for+peace+youth+exchange](https://www.youtube.com/results?search_query=dance+for+peace+youth+exchange)
- C. This toolkit of creative methods used during the youth exchange to reflect how young people can express their vision and attitude about important issues like peace and tolerance using such methods like dance, art, and music.

# PEACE SYMBOLS

## WHAT IS PEACE FOR ME?

<b>Goal:</b>	To collect youngsters ideas and point of view about topic or issues
<b>Time:</b>	30 min
<b>Number of participants:</b>	any
<b>Resources:</b>	Magazines, postcards, internet access and printer , markers, paper

Each country had to prepare homework about symbols of Peace (pictures, actions, symbols made by youngsters in their countries or already existing in media, books, internet etc.). These symbols can be classical which exist already and/or they can be collected youngsters opinions/expressions what is Peace for them. Symbols can be in different forms and ways. Participants introduce each other with results and share with opinions.

### VARIATIONS

Youngsters can collect symbols about different aspects of peace: Inner peace, peace around me, peace in world, when I feel peaceful etc.



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# HAND AND FOOT PRINTS

## WHAT IS PEACE FOR ME?

<b>Goal:</b>	To collect youngsters ideas and point of view about topic or issues
<b>Time:</b>	30 min
<b>Number of participants:</b>	any
<b>Resources:</b>	A4 paper or cardboard in different colors, markers, scissors

Each participant draws his/her footprints or handprint and write down or draw what is peace for him/her. Youngsters produce more footprints or handprints and ask also their friends, families, classmates or others to write down their opinions. Then all footprints and handprints are collected and fixed on one cardboard. After that youngsters can read and express their opinion about results.

### VARIATIONS

Cardboard can be drawn as a map of Europe and footprints and handprints can be located in places where participants come from.



# COMIC CLOUDS

## CREATING QUOTES ABOUT PEACE ON COMIC CLOUDS

- Goal:** To collect youngsters ideas and point of view about topic or issue. Promote discussion and communication among different people. Create friendly atmosphere.
- Time:** 20 - 30 min
- Number of participants:** any
- Resources:** Poster size cardboards , markers, scissors

Participants are divided into groups for 4 – 6 people and discuss about topic and write down interesting, inspiring and original quotation or expressions. Then they decide which few quotations or expressions they write down on speech cloud.

These speech clouds they can use making photos with people from the street, each other, visitors etc.



# PERFORMANCE WORKSHOP

## CREATING STORY, MUSIC AND STAGE PERFORMANCE ABOUT PEACE

- Goal:** To create performance about PEACE using story, music and choreography.
- Time:** 2 h ours 30 min – 3 hours
- Number of participants:** Any (5 – 8 people in group)
- Resources:** Markers, flipcharts, any other which can be useful, Peace symbols, magazines etc. Voice recorders or mobile phones

This method describes how to lead a workshop for performance creations. Participants are divided into groups for 5 – 8 people. This activity can be as a next step of activity „What is PEACE for me – symbols” or youngsters can use magazines or other visual materials. Workshop consists of three steps:

1. **STORY.** Each group chooses one picture which best reflects peace for them. Group discusses why they have picked up the specific picture and writes down keywords what they use when they talk about the picture and peace. Then each group create short story about peace using these keywords. After that each group read/tell their story to other groups.
2. **MUSIC.** Each group creates background music / sound recording for their story. They can use different musical instruments, sounds, voices, sounds from nature and other sounds that best show the emotion and dynamic of the story.
3. **PERFORMANCE.** When music is recorded groups create choreography / theatrical act of their story. These stories can be performed in final youth exchange performance.



## ACTIVITIES FOR AUDIENCE INVOLVING VISITORS INTO PERFORMANCE

- Goal:** To create and generate ideas of activities which gives chance wider audience to be involved in performance. In this way participants promote friendship, inclusion and peace between different people.
- Time:** 30 min
- Number of participants:** Any
- Resources:** Magazines, flipcharts

Participants are divided into groups for 4 – 6 people. Each group brainstorms and generates ideas how to involve audience in final performance. Each group writes down ideas and then discuss and agree for one idea. Then the group assigns responsibilities. Groups present the ideas to others groups. During final performance each group leads their activity.



# VIDEO WORKSHOP

## WHAT IS PEACE FOR ME?

- Goal:** To collect youngsters ideas and point of view about topic or issue using visual expressions and movements.
- Time:** 2 hours
- Number of participants:** any
- Resources:** Face colors, video recorders or mobile phones

Participants are divided into groups for 5 – 6 people. Each group discusses what and how do they reflect their idea. When they are clear about it they start paint each other faces or palms. After that they discuss how they are going to create video. Each video is without sound just visual expression and movements. Videos promote teamwork and discussion about Peace in creative way. These videos can be used as background video during common performance on stage.

### VARIATIONS

During youth exchange this activity can be implemented together with local youngsters.

